# 4Ws for Week 21 (19 - 25 May 2025)

### WELCOME (15 minutes)

(If there are first-time guests, begin with a round of introduction and warmly welcome the new visitors.)

#### Suggested icebreakers:

### 1. Passion for the lost (Online)

Invite members to share a time they felt compelled to help someone who was lost—spiritually, emotionally, or physically. This could include comforting a friend during a crisis or helping someone navigate confusion. After the sharing, read Luke 15:4 (NIV): "Suppose one of you has a hundred sheep and loses one of them. Doesn't he leave the ninety-nine in the open country and go after the lost sheep until he finds it?"

Encourage the group with this reflection: This verse highlights God's relentless pursuit of the lost. As His people, we're called to mirror that same compassion—not only within our cell group but in our everyday lives.

### 2. From Trials to Triumphs

Distribute paper or index cards and have each member draw three concentric circles:

- Inner circle: A past challenge they faced.
- Middle circle: What helped them through it (e.g., faith, scripture, prayer, support from others).
- Outer circle: What they learned or how they grew.

Have members pair up or form groups of three to share. Then, ask two volunteers to share something meaningful they heard from their partner (with permission).

#### **Materials Needed:**

Paper or index cards; pens or markers

## WORSHIP (20 minutes)

(Encourage members to allow the Holy Spirit to minister through them by sharing words, visions, tongues and interpretations of tongues.)

#### Suggested worship songs:

- 1) Alive
- 2) Make Room

## WORD (45 minutes)

Preacher: Pastor Charmaine Cheong Scripture Passage: Galatians 5:22-23; James 5:7-11 Sermon Title: I want patience now

#### Introduction

Patience is a foundational trait in the fruit of the Spirit. Without it, genuine love, joy, peace, and self-control are difficult to sustain.

To stay true to God, we need patience. It enables us to:

- 1. Experience God's promises
- 2. Love God's people
- 3. Seek God's presence

# **Discovery and Understanding Questions:**

## Q1. Meditate on Psalm 84:11; James 5:7, 11; Ecclesiastes 3:1; Hebrews 6:11-12

**A1.** God rewards those who walk blamelessly before Him and withholds no good thing from them. In His perfect timing, He fulfills His promises. Our role is to wait patiently, in faith and expectation, trusting that He will accomplish His purposes in our lives.

Scripture offers many examples of faithful waiting:

- Joseph waited 13 years before God's calling was fulfilled.
- Jacob waited 7 years to marry Rachel and worked another seven years for her.
- The Israelites waited 40 years to enter the Promised Land.
- Jesus waited 30 years to begin His ministry.

Spiritual maturity comes through a journey of patient, enduring faith.

### Q2. Ponder over James 5:9-10, Mark 12:30-31, and John 13:34-35

**A2.** We are called to love one another deeply. The prophets exemplified this love by remaining faithful in their mission, even in the face of persecution and rejection. Ultimately, Christ demonstrated perfect love by laying down His life for us.

### **Application Questions**

Break into smaller groups, share, pray and minister to one another.

## Q1. Read 1 Thessalonians 5:14. Reflect on the following:

- a) Who are the idle and disruptive in your life? How can you "warn" them appropriately?
- b) Who are the disheartened? In what ways can you encourage them?
- c) Who are the weak? How can you come alongside them to help and strengthen them?
- d) Considering everyone in your life, what steps can you take to exercise patience with them?

## Q2. Choose one area from the above and intentionally put it into practice this week.

#### WORKS (15 minutes)

Focus on *edification, equipping* and *evangelism*.

- 1. **Build on the momentum of all your outreach efforts** continue praying for your pre-believing friends and family, connect with them, and invite them to your Cell and our Weekend Services.
- 2. **Consolidation of new believers** Diligently pray for and reach out to your friends and family who have decided to receive Jesus as their Lord and Saviour, guiding and helping them grow in the faith.

For FCBC announcements: visit <u>www.fcbc.org.sg/announcements</u> or our social media platforms – Facebook and Instagram @fcbcsg.