### 4Ws for Week 11, 13-19 Mar 2023

### WELCOME (15 minutes)

(If there are first-time guests, begin with a round of introduction and warmly welcome the new visitors.)

Suggested icebreakers:

- 1. Charades
  - a. Before you begin, select several categories like Movies, Animals, Street Names, Cartoon Characters and so on. Select 6 of them, one for each envelope.
  - b. In each category, choose about 5-6 items, e.g., in Movies, you can have: Transformers, Lord of the Rings, Batman... and so on.
  - c. Write each item down on a small piece of paper. Make sure they are not too hard for participants to guess. Pick familiar items; nothing obscure.
  - d. Label the envelopes and put the pieces of paper inside, according to their categories.
  - e. Arrange the CG into 2 teams; each team to take turns to send a representative as actor.
  - f. The *actor* must first pick an envelope from the game master's hands. The category picked is then shared with both teams.
  - g. At the start of each round, actors must quickly act out the items in the category to their own team, without hints. The team has to guess what the *actor* is trying to portray and when the correct answer is called out, the *actor* quickly moves on to the next item.
  - h. The actor may choose to pass if he/she feels the team cannot guess the current item.
  - i. Each round ends when time runs out (40 seconds), or when the actor has completed the items in the category.
  - j. The same goes for the other team. The team with the highest score after 3 rounds, wins!

### 2. Alphabetic Introductions

- a. Players are asked to choose a letter of the alphabet; similar alphabets can be chosen.
- b. Each player is given five minutes to think up as many words as possible to describe themselves. Example: a player who chooses 'E' will use words like: ecstatic, enigmatic, extraordinary.
- c. At the end of five minutes, each player will say the words they thought of to describe themselves.
- d. The player with the most words after everyone completes their turn will be named the winner.

## WORSHIP (20 minutes)

(Remember to pause for the Holy Spirit to minister through the members. Encourage members to release a word, a vision, tongues and interpretation of tongues, to minister to each other.)

### Suggested worship songs:

1) Shout To The Lord/ What A Beautiful Name - Melody Noel, Michael Ketterer (A)

## WORD (45 minutes)

**Preacher**: Senior Pastor Daniel Khong **Scripture Passage**: 1 Peter 5:5-7 **Sermon Title**: Your Toughest Battle

### Introduction

A proud person is one who does not submit to God and to others; such a person sets himself against God, causing God, in turn, to set Himself against the proud. The sin of pride is linked with rebellion

against God. Conversely, a humble person is one who agrees with God and receives His favor and care. The toughest battle in our lives is to face off with God. And the truth is that thinking badly about oneself, putting oneself down and thinking badly about oneself is not humility but pride.

Two things we need to do to avoid pride:

- 1. Think of Yourself Less
- 2. Think More of God

# **Discovery and Understanding Questions:**

# Q1. What does it mean to think of yourself less?

- A1. It means we are to consider others more and not just ourselves. To focus on the welfare of others more than our own, and to be more thoughtful for others than ourselves. Essentially, it is about moving from self-fixation to self-forgetfulness where we take the focus away from ourselves.
- Q2. What should be our greatest motivation to practice humility towards one another?
- **A2.** God opposes the proud. This is a picture of God standing against the person who does not practice humility. God resists and opposes such a person; this should be a frightening thought. If we do not wear humility like clothing on us, God stands against us.

## Q3. What does it mean to think more of God?

**A3.** There is a difference between thinking more of God and thinking of God more. Thinking of God more is about frequency, whereas thinking more of God means a high view of God. The reason we don't spend enough time thinking of God is because we don't think highly enough of God. When we think less of God, we put Him on a level lower than ourselves.

### **Application Questions**

Break into smaller groups, share, pray and minister to one another.

Q1. Since God opposes the proud, ask God to search your heart to root out any pride in you and repent of it.

## Q2. Share how you can clothe yourself with humility towards one another.

### WORKS (15 minutes)

Focus on *edification, equipping* and *evangelism*. In every CG gathering, encourage members to reach out right where God has placed them. Give members time to share their outreach efforts.

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