

LIFE QUESTIONS



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SESSION 1

WHO AM I?



LOOK AT THIS OBJECT. IT LOOKS LIKE A BALL
AND IS FILLED WITH AIR,
SO LET'S NAME IT
'AIRBALL'.

WHAT DO YOU THINK THIS OBJECT(AIRBALL) IS?

THE OBJECT IS A _____

IT IS DESIGNED FOR _____

Google

"Jose Antonio de Alzate y Ramirez" the creator of this object (add two words 'ball' & 'float' to find the wiki article) and you would discover what Airball is.

WE'VE SOLVED AIRBALL'S IDENTITY. NOW LET'S SOLVE YOUR IDENTITY.

WHO ARE YOU? DO YOU HAVE A CREATOR AS WELL?

Would you like to think deeper into your identity and purpose in life?

I AM A _____

I AM DESIGNED FOR _____

Whether you know it or not, we all have a unique identity in life. And we all have a creator who is able to reveal to us our identity and our purpose.

GOD OUR INTELLIGENT DESIGNER

In Psalm 139:13-14 (NIV), the author, King David, wrote with reference to his Creator, these verses:

*F*or you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

EVERY INDIVIDUAL IS UNIQUELY CREATED BY GOD. EVERY INTRICATE DETAIL OF OUR BODY IS DESIGNED BY THE CREATOR FOR A UNIQUE PURPOSE. ONE CLEAR EXAMPLE IS HOW OUR FINGERPRINTS ARE SO DIFFERENT. IN THE ENTIRE WORLD, THERE ARE NO TWO FINGERPRINTS THAT ARE IDENTICAL.

TAKE A CLOSER LOOK AT OUR HUMAN BODY. DO YOU WANT TO GUESS
THE PURPOSE OF THE PARTS OF OUR BODIES?

PURPOSE OF OUR TOES: _____

PURPOSE OF OUR FINGERNAILS: _____

PURPOSE OF OUR NOSE HAIR: _____

IS'NT IT AMAZING? THAT THE SEEMINGLY INSIGNIFICANT PARTS OF BODIES
SUCH AS OUR TOES, FINGERNAILS, NOSE HAIR, ARE ALL PURPOSEFULLY DESIGNED. THIS
TELLS US THAT NOTHING IS CREATED BY MISTAKE. WE ARE NOT A MISTAKE.

OUR HUMAN BODY IS AMAZING AND WONDERFULLY CREATED.

Each human body has an average of 37.2 TRILLION human cells,
with various organs and cells for various functions.
And all these all points to the existence of a Creator God
who designed all of life intelligently!

[VASTNESS OF THE UNIVERSE]

Take a look up into the skies above.
How big is the entire known universe?
It's 8.8×10^{23} or 880,000 Trillion KM.
Planet earth is in the galaxy known as the
Milky Way and there are at least another
2 trillion galaxies in the observable
universe out there!

WHAT IS A TRILLION ACTUALLY?

Let's turn our attention to Planet Earth.

EARTH IS PLACED PERFECTLY IN THE SOLAR SYSTEM AND THE GALAXY TO SUPPORT LIFE

Living things need water occurring naturally in its liquid form. That means a planet needs to be close enough to its sun so water doesn't freeze (like the ice caps on Mars) and it cannot be too close to the sun so that water remains as vapor.

IF OUR EARTH WAS JUST 5% CLOSER TO OUR SUN, ALL THE WATER WOULD TURN TO GAS, CREATING A MASSIVE GREENHOUSE EFFECT AND BURNING UP ALL LIFE. AND IF IT WAS 20% FURTHER AWAY FROM THE SUN, ALL THE WATER WOULD BECOME ICE, CARBON DIOXIDE CLOUDS WOULD FORM, AND NOT ENOUGH SUNLIGHT WOULD REACH THE LAND.

Isaiah 42:5 (CEV) I am the Lord, God. I created the heavens like an open tent above. I made the earth and everything that grows on it. I am the source of life for all who live on this earth, so listen to what I say.

EVEN THE ANIMALS HAVE A UNIQUE DESIGN THAT POINTS TO A CREATOR WHO THOUGHT THROUGH THEIR DESIGN. THIS CREATOR IS NONE OTHER THAN THE GOD OF THE BIBLE.

- The eagle flies at the speed of 32 - 96km/h and dives at a speed of 160km/h? Our fastest man Usain Bolt runs at a speed of 44.72km/h for the 100m sprint. Eagles could also spot a rabbit from a height of 3.2km above in the skies.
- Dogs like the Bloodhound has 300 million scent receptors whereas a human has 5 million scent receptors.

WE ALL HAVE A CREATOR AND A CREATED PURPOSE

**LIFE IS AMAZING BECAUSE IT ALL POINTS TO A
GREAT CREATOR WHO MADE IT ALL!
ONLY THE CREATOR KNOWS THE DESIGN
AND THE PURPOSE FOR EACH OF HIS CREATION.**

WHAT WOULD HAPPEN TO AIRBALL IF IT NEVER KNEW
THE PURPOSE IT WAS CREATED FOR?

Only the creator of the airball will know it's created purpose
and ensure that the airball fulfills that purpose it is created for.

Similarly, we may feel that life is meaningless and we are often
searching for the purpose of our life.

But until we know our creator, God,
we will not know the purpose we are created for.

WHAT IS YOUR RESPONSE TODAY AS YOU LEARN ABOUT GOD THE
CREATOR AND THAT YOU HAVE A

*Created
purpose?*

SESSION 2

WHY DO I NEED A SAVIOUR?

CONSIDER THIS:

How would life be like if most of your classmates stole from the others and got away with it because the teachers just taught their subjects and did not bother about teaching what is right or wrong?

ISSUES SUCH AS

bullying

abortion

STEALING

ANGER

Lying

pornography

CHEATING

VIOLENCE

ARE HAPPENING IN SCHOOL. HAVE YOU SEEN IT?

In schools, we see such things happening everywhere. Maybe you might even have witnessed or experienced such situations personally.

Just imagine whenever that happens, and your school authorities do not address them, as they are just focused on teaching the subject content, such as English, Mathematics, Science. What would the school be like?

In fact, this is happening more and more in the West, where teachers now focus on their subject content and do not need to address issues of morality. Can you imagine, what will the society be like as a result of that?

WHAT ABOUT US? ARE WE JUST CAUGHT UP WITH PURSUING GRADES THAT WE HAVE NEGLECTED WHAT IS MORE IMPORTANT, WHICH IS OUR

Moral Character?

THE ROOT OF THE PROBLEM

At this point in time, you may have come to a realisation that Mankind can be rather messed up. Our natural moral tendency is a downward spiral: from being lazy, to being rude, to being rebellious, to all sorts of evil. Studying more and better grades would not cure us of the evil within. Within all of us, we have a tendency to sin.

If you could recall, how old were you when you started telling lies? Were you taught to lie or was lying somewhat a natural thing to do to get yourself out of trouble or impress others? This best shows us that sin is something that is innate in us and we do not even need to be taught how to sin

WHAT IS SIN? THERE ARE TWO TERMS IN THE BIBLE THAT EXPLAINS THE IDEA OF SIN. THEY ARE 'SIN' AND 'SINS'. 'SIN' IS A 'ROOT' WORD AND 'SINS' IS A 'FRUIT' WORD.



For example, an apple tree bears apples (the fruit) because of its nature (the root). We do not find an apple tree producing pears.



THIS IS ALSO TRUE WITH THE PROBLEM OF SIN IN OUR LIVES. WE COMMIT SINS (THE FRUIT) BECAUSE WE HAVE IN US A SIN NATURE, WHICH IS INBORN IN US. PAUL TALKS ABOUT 'SINS' AND 'SIN' IN HIS LETTER TO THE **ROMANS**.

'Blessed are they whose transgressions are forgiven, whose **sins** are covered.'

Romans 4:7 (NIV)

("Sins" refers to the fruit)

'Therefore do not let **sin** reign in your mortal body so that you obey its evil desires'

Romans 6:12 (NIV)

("Sin" refers to the root)

THE PROBLEM OF SIN IN MAN IS NOT PRIMARILY RELATED TO THE FRUIT IN HIS LIFE, THE PROBLEM IS AT THE ROOT OF HIS LIFE. HE HAS A SIN PROBLEM. TO DEAL WITH THE SINS PROBLEM, YOU MUST FIRST DEAL WITH THE SIN PROBLEM.

Notice that for the word 'Sin', "I" is at the centre of it. Similarly, sin is a condition in which we declare ourselves as the kings and masters of our own lives. It is a condition in which the 'self' takes the central place in our lives, instead of God.

TO DEAL WITH THIS ROOT AND SIN PROBLEM, YOU MUST DETHRONE YOURSELF AND LET GOD BE THE KING AND MASTER OF YOUR LIFE.

WE ALL NEED THE SAVIOUR

Take a moment and do a self-examination in the area of sin. Tick ✓ all that applies to yourself in the boxes:

- | | |
|--|---|
| <input type="checkbox"/> LYING | <input type="checkbox"/> SELFISHNESS |
| <input type="checkbox"/> CURSING & SWEARING | <input type="checkbox"/> INSECURITIES/
SELF-IMAGE ISSUES |
| <input type="checkbox"/> VIOLENT/
BULLY | <input type="checkbox"/> SHOPLIFTING &
STEALING |
| <input type="checkbox"/> GOSSIPING,
BACKSTABBING | <input type="checkbox"/> ADDICTIONS SUCH
AS GAMING |
| <input type="checkbox"/> BAD TEMPERED | <input type="checkbox"/> SEXUAL STRUGGLES |
| <input type="checkbox"/> DEPRESSION | <input type="checkbox"/> SELF-HARM |
| <input type="checkbox"/> VICTIM OF
ABUSE/BULLYING
(Verbal, Physical) | <input type="checkbox"/> OTHERS: |

Chances are you would have ticked at least one of the boxes. Why? Because all of us are prone to sin, as a result of our sin nature.

If you do not know Jesus as the Saviour of your sins, the inborn sin nature dominates your nature (beliefs, thinking and actions) so that issues of sin come into play every now and then, just like all the areas you had ticked ✓!

ROMANS 3:23 (CEV) ALL OF US HAVE SINNED
AND FALLEN SHORT OF GOD'S GLORY.

SIN

is a giant problem in all our lives. Sin brings **GUILT** and a sense of **DEFEAT** in us. But God has sent His son Jesus Christ to deal with our sins on the cross. And this means that we can be set free from the guilt and defeat caused by sin. In fact, this is the only way for us to be set free from the bondages of sin, that is why, we all need the saviour.

TODAY, IF WE KNOW JESUS AS THE SAVIOUR OF OUR SINS, GOD HAS SET
US FREE FROM THE INBORN SIN NATURE BY GIVING US A NEW NATURE.

2 CORINTHIANS 5:17 (NLT)

THIS MEANS THAT ANYONE WHO BELONGS TO CHRIST HAS
BECOME A NEW PERSON.
THE OLD LIFE IS GONE;

A

NEW LIFE

HAS BEGUN!

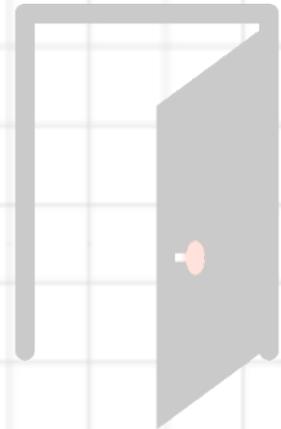
WE CAN LIVE A LIFE OF RIGHTEOUSNESS AND EXPERIENCE
VICTORY OVER SIN ON A DAILY BASIS AS WE WALK
FAITHFULLY IN OBEDIENCE TO GOD.

*1 John 1:9 (NIV) If we confess our sins, he is faithful and just
and will forgive us our sins and purify us
from all unrighteousness.*

REGARDLESS THE SINS IN YOUR PAST, HOW SHAMEFUL OR DEFEATED YOU FELT BY IT,
UPON YOUR CONFESSION OF THE SINS, GOD WILL FORGIVE US AND NOT JUST THAT,
HE WILL PURIFY US AND MAKE US RIGHTEOUS,
NOT BY OUR OWN STRENGTH BUT BY HIS GRACE.

YOU CAN TRUST IN JESUS AS YOUR SAVIOUR NOW!

You can come to Jesus and receive Him as
your personal Lord and Saviour and be set
free from the inborn sin nature that
otherwise dominates who you are.



SAY THIS PRAYER:

*"DEAR LORD JESUS, I ADMIT THAT I AM A SINNER. I BELIEVE THAT YOU DIED FOR MY SINS AND ROSE FROM DEATH
TO LIFE. I ASK FOR YOUR FORGIVENESS OF MY SINS AND I CONFESS YOU AS MY SAVIOUR TODAY. HELP ME TO KNOW
YOU MORE EACH DAY AND WALK IN OBEDIENCE TO YOUR WAYS AS TAUGHT IN THE BIBLE. THANK YOU FOR OPENING THE
WAY BACK TO THE HEAVENLY FATHER SO THAT I CAN BE A CHILD OF GOD. IN YOUR NAME I PRAY,
AMEN."*

SESSION 3

WHO IS JESUS CHRIST?

WHO IS JESUS CHRIST TO YOU? WRITE IT BELOW:

(This can be what you have heard from people around or what you have read before.)

Who is JESUS CHRIST?

Jesus is born between the period 7 and 2 BC, of Jewish descent. He died around the period AD30-36 at the age of 33 years and He lived in Israel. His name, Jesus, means Saviour and Christ, which means the Messiah or Anointed One.

As Jesus is the Son of God (or He is God), the death of Jesus, by crucifixion on the cross, is able to pay for the sin, for all who believes Him as Saviour and God. Parallel to how in the Old Testament, blood from an animal sacrifice is shed for the atonement of sin as required by Jewish laws.

**JOHN 1:29B (NCV) "JOHN SAID,
"LOOK, THE LAMB OF GOD, WHO TAKES AWAY
THE SIN OF THE WORLD!"**

That is why, Good Friday marks a yearly reminder for all Christians that Jesus was crucified on the cross.

HOWEVER, AS JESUS WAS GOD, HE DID NOT JUST DIE.
3 DAYS AFTER GOOD FRIDAY, HE RESURRECTED TO LIFE. AND

EASTER SUNDAY

MARKS THE YEARLY REMINDER OF HIS RESURRECTION.

Luke 24:46 (NLT) And he said, "Yes, it was written long ago that **the Messiah would suffer and die and rise from the dead on the third day.**"

IS JESUS **REAL**
or **FICTION?**

Jesus is a true historical figure who had influenced much of history to the extent when the Gregorian (our modern) calendar was being set in place in 1582, it picked up the dating system (worked out in AD525) where Jesus Christ was referenced to as a marker of the historical timeline.

B.C

WHICH STANDS FOR 'BEFORE CHRIST', REFERS TO THE HISTORICAL TIME PERIOD BEFORE CHRIST'S BIRTH.

A.D

OR ANNO DOMINI, LATIN FOR 'IN THE YEAR OF THE LORD' REFERS TO THE PERIOD WHERE JESUS LIVED.

Though In more recent times, in view of religious sensitivities, the notations C.E. meaning Common Era (also Current Era or Christian Era) and B.C.E. meaning Before Common Era, have been used instead. This however, does not negate the truth that Jesus did exist.

SOME HAVE QUESTIONED THE EXISTENCE OF JESUS CHRIST HISTORICALLY AND TREATED JESUS AS A FICTITIOUS CHARACTER. PLUS, GIVEN THE PASSAGE OF TIME OF ABOUT 2000 YEARS, WHICH CAN MAKE TRUTH APPEAR HAZY. JUST IMAGINE YEAR AD4018, 2000 YEARS LATER FROM OUR CURRENT TIME PERIOD.

THE PEOPLE THEN LIVING IN AD4018 MAY QUESTION THE EXISTENCE OF REAL PEOPLE IN OUR ERA AND TIME, SUCH AS MICHAEL JACKSON OR JUSTIN BIEBER!



HOWEVER, JESUS IS NONETHELESS A HISTORICALLY TRUE PERSON! THIS CAN BE SEEN BY HOW THE PROPHECIES OF JESUS IN THE OLD TESTAMENT OF THE BIBLE ALL CAME TO PASS.

JESUS FULFILLED PROPHECIES IN THE OLD TESTAMENT

WHAT WAS AMAZING WAS, ALL THESE PROPHECIES WERE ALL MADE HUNDREDS OF YEARS BEFORE THE BIRTH OF JESUS (BORN BETWEEN THE PERIOD 7 AND 2 BC), BUT THESE PROPHECIES FORETOLD HIS COMING AND HIS LIFE ACCURATELY:

His Birthplace - Bethlehem

Old Testament Prophecy:
Micah 5:2 (written 735-700BC)
Fulfilment in Jesus:
Luke 2:4,6,7

His Birth - Born of a Virgin

Old Testament Prophecy:
Isaiah 7:14 (written 701-681BC)
Fulfilment in Jesus:
Matthew 1:18,22,23



His Childhood in Egypt

Old Testament Prophecy:
Hosea 11:1 (written 755-725BC)

Fulfilment in Jesus:
Matthew 2:14-15

His Ministry

Old Testament Prophecy:
Isaiah 61:1 (written 701-681BC)

Fulfilment in Jesus:
Luke 4:17-21

His Entry into Jerusalem on a Donkey

Old Testament Prophecy:
Zechariah 9:9
(written between 520-470BC)

Fulfilment in Jesus:
Matthew 21:1-5

His Betrayal

Old Testament Prophecy:
Zechariah 11:12-13; 13:6
(written 520 - 470BC)

Fulfilment in Jesus:
Matthew 26:14-16; 27:3-10

His Crucifixion

Old Testament Prophecy:
Psalm 22:1,7-8,16,18
(compilation of 150 Psalms by
various writers over 1000 years,
final Psalm, Psalm 137
added in about 538BC)

Fulfilment in Jesus:
Matthew 27:35,39-43,46

His Resurrection

Old Testament Prophecy:
Psalm 16:9-10 (compilation of 150
Psalms by various writers over 1000
years, final Psalm, Psalm 137
added in about 538BC)

Fulfilment in Jesus:
Acts 2:31



JESUS IS

GOD

PRIOR TO HIS CRUCIFIXION, JESUS USED THE PHRASE 'I AM' WHICH WAS UNDERSTOOD AS REFERRING TO HIMSELF AS GOD.

Mark 14:61b-65 (NLT) Then the high priest asked him, **"Are you the Messiah, the Son of the Blessed One?"** ⁶² **Jesus said, "I AM.** And you will see the Son of Man seated in the place of power at God's right hand and coming on the clouds of heaven."⁶³ Then the high priest tore his clothing to show his horror and said, "Why do we need other witnesses?⁶⁴ **You have all heard his blasphemy. What is your verdict?" "Guilty!" they all cried. "He deserves to die!"** ⁶⁵ Then some of them began to spit at him, and they blindfolded him and beat him with their fists. "Prophecy to us," they jeered. And the guards slapped him as they took him away.



Finally, Jesus was crucified because Jesus did not fit into the Jews' idea of a Messiah or Savior. This is because, the Jewish priests' idea of a Messiah was a powerful and political personality who will overthrow the Roman rule and return Israel to national glory.

However, God's wants to redeem humanity from sin. Hence, a blameless sacrifice had to be offered to take the place of each sinner like you and me. And this blameless sacrifice was

JESUS.

Hebrew 9:27 - 28a (NLT) And just as each person is destined to die once and after that comes judgment,²⁸ so also **Christ was offered once for all time as a sacrifice to take away the sins of many people.**



JESUS, THE ONLY WAY TO ETERNAL LIFE

Eternal life does not refer only to life after death. It is really living a life where you have been set free from your sin nature and you have a personal relationship with God as you read His Word / Bible and

PRAY.

JOHN 17:3 (CEV) ETERNAL LIFE IS TO KNOW YOU,
THE ONLY TRUE GOD, AND TO KNOW JESUS CHRIST,
THE ONE YOU SENT.

JOHN 1:12 (NLT) BUT TO ALL WHO BELIEVED HIM
AND ACCEPTED HIM, HE GAVE THE RIGHT TO BECOME
CHILDREN OF GOD.

JOHN 3:16 (NLT) "FOR THIS IS HOW GOD LOVED THE WORLD: HE
GAVE HIS ONE AND ONLY SON, SO THAT EVERYONE WHO
BELIEVES IN HIM WILL NOT PERISH BUT HAVE ETERNAL LIFE.

SAY this prayer in your heart if you would like to believe in Jesus as your Saviour today. *"Dear Lord Jesus, I admit that I am a sinner. I believe that You died for my sins and rose from death to life. I ask for Your forgiveness of my sins and I confess You as my Saviour today. Help me to know You more each day and walk in obedience to Your ways as taught in the Bible. Thank you for opening the way back to the heavenly Father so that I can be a child of God. In your name I pray, Amen."*

WHEN YOU BELIEVE IN JESUS AS YOUR SAVIOUR, YOU ARE LIKE A NEW-BORN BABY IN THE CHRISTIAN FAITH. YOU CAN CONTINUE TO LEARN HOW TO GROW AS A BELIEVER IN THE NEXT 4 SESSIONS OF LIFE101.

