



#### John 8:31-32 (NIV) <sup>31</sup>..."If you hold to my teaching, you are really my disciples. <sup>32</sup> Then you will know the truth, and the truth will set you free.

#### Galatians 5:1 (NIV)

<sup>1</sup> It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.





## FOLLOW YOUR HEART

Inicorn cabemy

Source: youtube.com



"They say that home is where the heart is, so follow your heart and know that you can't go wrong."

THE TIGGER MOVIE



#### "Let your heart guide you... it whispers so listen closely"

WALT DISNEY



#### "There is no reason not to follow your heart." **STEVE JOBS**



#### Be true to yourself.



#### Be true to yourself.

#### Follow your passion.



#### Be true to yourself.

Follow your passion.

Live your truth.





#### It is the seat and centre of human life, emotions and will.



#### Proverbs 28:26 (NKJV) <sup>26</sup> He who trusts in his own heart is a fool...



#### Proverbs 4:23 (NIV) <sup>23</sup> Above all else, guard your heart, for everything you do flows from it.



### S'porean man, 29, on flight to Vietnam gets hand stuck in cup holder for about 10 minutes

His intrusive thoughts won.

Syahindah Ishak | ③ October 02, 2023, 02:35 PM





Source: mothership.sg



#### Matthew 16:24 (NIV)

<sup>24</sup> Then Jesus said to his disciples, "Whoever wants to be my disciple must deny themselves and take up their cross and follow me."



#### Only a heart that follows Jesus leads to life.



#### John 8:12 (NIV)

<sup>12</sup> When Jesus spoke again to the people, he said, "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."



#### Matthew 26:31-35, 69-75 (NIV)

<sup>31</sup> Then Jesus told them, "This very night you will all fall away on account of me, for it is written: "'I will strike the shepherd, and the sheep of the flock will be scattered.' <sup>32</sup> But after I have risen, I will go ahead of you into Galilee." 33 Peter replied, "Even if all fall away on account of you, I never will."



#### Matthew 26:31-35, 69-75 (NIV) <sup>34</sup> "Truly I tell you," Jesus answered, "this very night, before the rooster crows, you will disown me three times." 35 But Peter declared, "Even if I have to die with you, I will never disown you." And all the other disciples said the same.



## Matthew 26:31-35, 69-75 (NIV)

<sup>69</sup> Now Peter was sitting out in the courtyard, and a servant girl came to him. "You also were with Jesus of Galilee," she said. <sup>70</sup> But he denied it before them all. "I don't know what you're talking about," he said.



#### Matthew 26:31-35, 69-75 (NIV)

<sup>71</sup> Then he went out to the gateway, where another servant girl saw him and said to the people there, "This fellow was with Jesus of Nazareth." <sup>72</sup> He denied it again, with an oath: "I don't know the man!"



#### Matthew 26:31-35, 69-75 (NIV) <sup>73</sup> After a little while, those standing there went up to Peter and said, "Surely you are one of them; your accent gives you away." <sup>74</sup> Then he began to call down curses, and he

swore to them, "I don't know the man!" Immediately a rooster crowed.



#### Matthew 26:31-35, 69-75 (NIV) <sup>75</sup> Then Peter remembered the word Jesus had spoken: "Before the rooster crows, you will disown me three times." And he went outside and wept bitterly.



#### 2 fundamental truths about our hearts:



2 fundamental truths about our hearts:

# OUR HEARTS ARE **DECEITFUL**



#### Jeremiah 17:9 (NIVUK) <sup>9</sup> The heart is deceitful above all things and beyond cure. Who can understand it?



Matthew 15:19 (NIVUK) <sup>19</sup> For out of the heart come evil thoughts – murder, adultery, sexual immorality, theft, false testimony, slander.



The danger of a deceitful heart is not that it feels wrong but it feels so right while still leading us the wrong way.



#### Matthew 26:31-32 (NIV)

<sup>31</sup> Then Jesus told them, "This very night you will all fall away on account of me, for it is written: "I will strike the shepherd, and the sheep of the flock will be scattered." <sup>32</sup> But after I have risen, I will go ahead of you into Galilee."



#### Matthew 26:33 (NIV) <sup>33</sup> Peter replied, "Even if all fall away on account of you, I never will."



#### Matthew 26:33 (NIV) <sup>33</sup> Peter replied, "Even if all fall away on account of you, I never will."



#### Matthew 26:40-41 (NIV)

<sup>40</sup> Then he returned to his disciples and found them sleeping. "Couldn't you men keep watch with me for one hour?" he asked Peter. <sup>41</sup> "Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak."



#### Proverbs 3:5-6 (NIV)

<sup>5</sup> Trust in the Lord with all your heart and lean not on your own understanding; <sup>6</sup> in all your ways submit to him, and he will make your paths straight.





Source: depositphotos.com



## Proverbs 14:12 (NIVUK) <sup>12</sup> There is a way that appears to be right, but in the end it leads to death.



## John 18:11 (NIVUK) <sup>11</sup> Jesus commanded Peter, 'Put your sword away! Shall I not drink the cup the Father has given me?'



"I thought my biggest problem was weakness, but it was actually pride — I trusted my own heart instead of listening to Jesus."

JOEL



## Matthew 5:8 (NIV) <sup>8</sup> Blessed are the pure in heart, for they will see God.



## Proverbs 3:5-6 (NIV)

<sup>5</sup> Trust in the Lord with all your heart and lean not on your own understanding;
<sup>6</sup> in all your ways submit to him, and he will make your paths straight.





## OUR HEARTS ARE **DECEITFUL**



# OUR HEARTS ARE **DECEITFUL**

OUR HEARTS ARE **DIVIDED** 







## Psalm 86:11 (NIV) <sup>11</sup> Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name.



<sup>69</sup> Now Peter was sitting out in the courtyard, and a servant girl came to him. "You also were with Jesus of Galilee," she said. <sup>70</sup> But he denied it before them all. "I don't know what you're talking about," he said.



<sup>71</sup> Then he went out to the gateway, where another servant girl saw him and said to the people there, "This fellow was with Jesus of Nazareth." <sup>72</sup> He denied it again, with an oath: "I don't know the man!"



<sup>73</sup> After a little while, those standing there went up to Peter and said, "Surely you are one of them; your accent gives you away."
<sup>74</sup> Then he began to call down curses, and he swore to them, "I don't know the man!" Immediately a rooster crowed.



<sup>75</sup> Then Peter remembered the word Jesus had spoken: "Before the rooster crows, you will disown me three times." And he went outside and wept bitterly.



## To remain faithful to Jesus. vs To be rejected by others.



Matthew 6:24 (NIV) <sup>24</sup> "No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money."



## "I wanted to be accepted. I wanted to fit in. I told myself, 'It's not like I'm doing anything that bad. I'm still going to church."

RACHEL



## "God, I don't want to follow You halfway anymore. Take all of me — even if it costs me popularity."

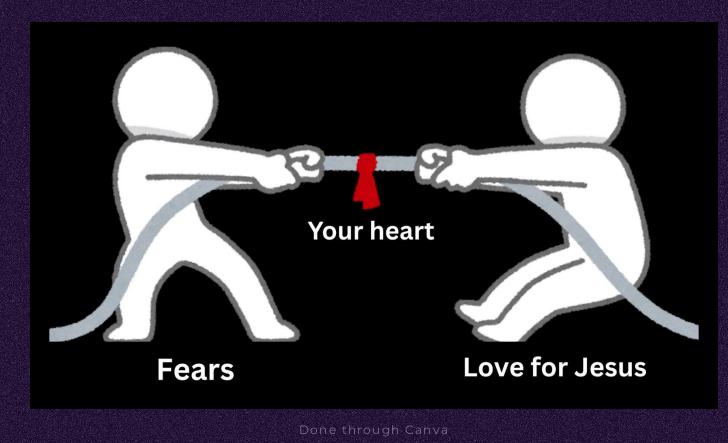
RACHEL



## "I felt free. Like my heart finally belonged to one King again — not two."

RACHEL







A divided heart weakens our faith, but a devoted heart leads to freedom.



2 Chronicles 16:9 (NIVUK)
<sup>9</sup> For the eyes of the Lord range throughout the earth to strengthen those whose hearts are fully committed to him...



Are there two "worlds" you're trying to live in — one for Jesus, one for your image?



## What are you afraid to lose if you give your whole heart to God?



## God, give me an undivided heart.



## Psalm 86:11 (NIV) <sup>11</sup> Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name.





## OUR HEARTS ARE **DECEITFUL**



# OUR HEARTS ARE **DECEITFUL**

OUR HEARTS ARE **DIVIDED** 



<sup>74</sup> ... Immediately a rooster crowed. <sup>75</sup> Then Peter remembered the word Jesus had spoken: "Before the rooster crows, you will disown me three times." And he went outside and wept bitterly.



## John 21:3 (NIV)

<sup>3</sup> "I'm going out to fish," Simon Peter told them, and they said, "We'll go with you." So they went out and got into the boat, but that night they caught nothing.



## John 21:7 (NIV)

<sup>7</sup> Then the disciple whom Jesus loved said to Peter, "It is the Lord!" As soon as Simon Peter heard him say, "It is the Lord," he wrapped his outer garment around him (for he had taken it off) and jumped into the water.



### Only a heart that follows Jesus leads to life.



## John 14:6 (NIV) <sup>6</sup> Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through Me."



## John 21:15 (NIV) <sup>15</sup> When they had finished eating, Jesus said to Simon Peter, "Simon son of John, do you love me more than these?"...



## John 21:15-17 (NIV)

<sup>15</sup> ... "Yes, Lord," he said, "you know that I love you." Jesus said, "Feed my lambs." <sup>16</sup> Again Jesus said, "Simon son of John, do you love me?" He answered, "Yes, Lord, you know that I love you." Jesus said, "Take care of my sheep."



## John 21:15-17 (NIV)

<sup>17</sup> The third time he said to him, "Simon son of John, do you love me?" Peter was hurt because Jesus asked him the third time, "Do you love me?" He said, "Lord, you know all things; you know that I love you." Jesus said, "Feed my sheep."



### Only a heart that follows Jesus leads to life.



### Proverbs 4:20-22 (NIV)

<sup>20</sup> My son, pay attention to what I say; turn your ear to my words. <sup>21</sup> Do not let them out of your sight, keep them within your heart; <sup>22</sup> for they are life to those who find them and health to one's whole body.



## John 3:16-17 (NIV)

<sup>16</sup> For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. <sup>17</sup> For God did not send his Son into the world to condemn the world, but to save the world through him.







Are there two "worlds" you're trying to live in — one for Jesus, one for your image?



## What are you afraid to lose if you give your whole heart to God?



## God, give me an undivided heart.



## Psalm 86:11 (NIV) <sup>11</sup> Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name.



