CHARMAINE CHEONG



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1 Timothy 2:1-4 (NIV)

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people— 2 for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. 3 This is good, and pleases God our Savior, 4 who wants all people to be saved and to come to a knowledge of the truth.

FROM JOHN TO TO LIGHT

PASTOR CHARMAINE CHEONG

Prayer is having a heart-to-heart conversation with God.



Psalm 16:11 (ESV)

"You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.



The greatest joy is communing with God.



Psalm 27:4 (NIV)

4 One thing I ask from the LORD, this only do I seek: that I may dwell in the house of the LORD all the days of my life, to gaze on the beauty of the LORD and to seek him in his temple.





Source: rainbowtoken.com



Exodus 33:7-11 (NIV)

7 Now Moses used to take a tent and pitch it outside the camp some distance away, calling it the "tent of meeting." Anyone inquiring of the LORD would go to the tent of meeting outside the camp.



Exodus 33:7-11 (NIV)

8 And whenever Moses went out to the tent, all the people rose and stood at the entrances to their tents, watching Moses until he entered the tent. 9 As Moses went into the tent, the pillar of cloud would come down and stay at the entrance, while the LORD spoke with Moses.



Exodus 33:7-11 (NIV)

10 Whenever the people saw the pillar of cloud standing at the entrance to the tent, they all stood and worshiped, each at the entrance to their tent. 11 The LORD would speak to Moses face to face, as one speaks to a friend. Then Moses would return to the camp, but his young aide Joshua son of Nun did not leave the tent.



2 steps to make prayer a delight:



CREATE SPACE FOR GOD



Exodus 13:21 (NIV)

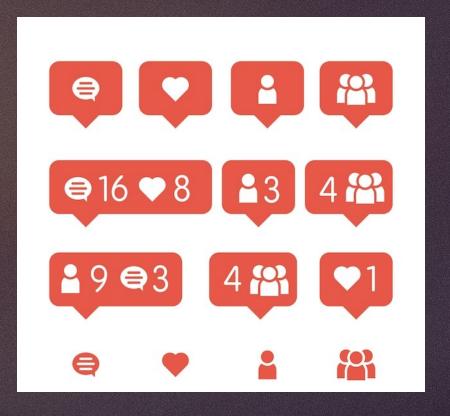
²¹ By day the LORD went ahead of them in a pillar of cloud to guide them on their way and by night in a pillar of fire to give them light, so that they could travel by day or night.



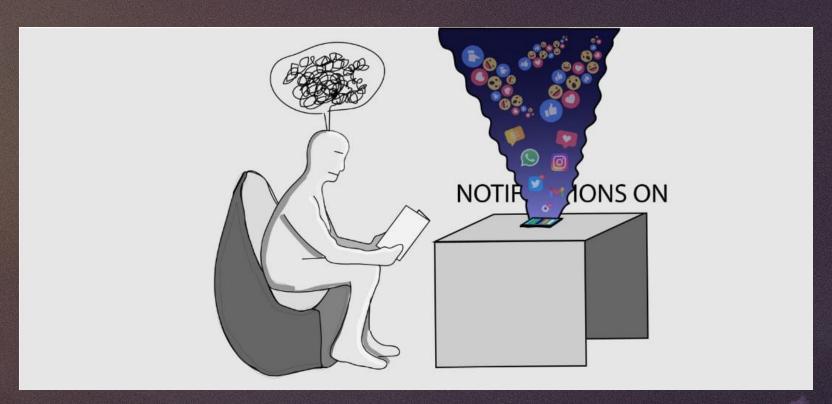
Exodus 33:7 (NIV)

7 Now Moses used to take a tent and pitch it outside the camp some distance away, calling it the "tent of meeting." Anyone inquiring of the LORD would go to the tent of meeting outside the camp.









Source: reddit.com





Source: athlonoutdoors.com



Colossians 3:2 (NKJV)

² Set your mind on things above, not on things on the earth.



1 When the people saw that Moses was so long in coming down from the mountain, they gathered around Aaron and said, "Come, make us gods who will go before us. As for this fellow Moses who brought us up out of Egypt, we don't know what has happened to him."



² Aaron answered them, "Take off the gold earrings that your wives, your sons and your daughters are wearing, and bring them to me." ³ So all the people took off their earrings and brought them to Aaron.



4 He took what they handed him and made it into an idol cast in the shape of a calf, fashioning it with a tool. Then they said, "These are your gods, Israel, who brought you up out of Egypt." 5 When Aaron saw this, he built an altar in front of the calf and announced, "Tomorrow there will be a festival to the LORD."



So the next day the people rose early and sacrificed burnt offerings and presented fellowship offerings. Afterward they sat down to eat and drink and got up to indulge in revelry.



So the next day the people rose early and sacrificed burnt offerings and presented fellowship offerings. Afterward they sat down to eat and drink and got up to indulge in revelry.



"The more you focus on yourself, the more distracted you will be from the proper path."

JOHN MACARTHUR



Ephesians 5:15-16 (NIV)

¹⁵ Be very careful, then, how you live—not as unwise but as wise, ¹⁶ making the most of every opportunity, because the days are evil.

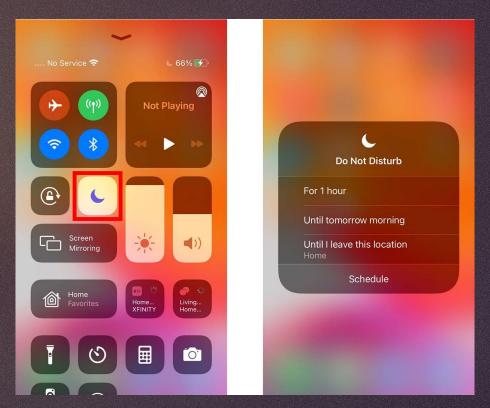


What distracts us from God?



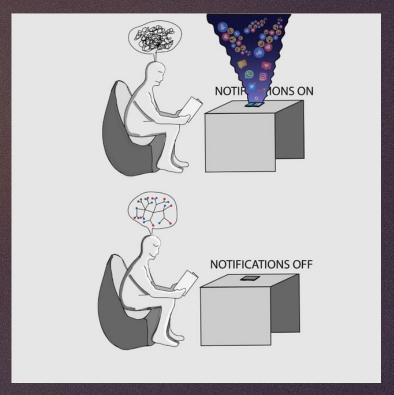
Fasting is a discipline to abstain from food or something desired for a given period of time, to devote oneself in seeking God.





Source: hellotech.com





Source: reddit.com



"If you don't feel strong desires for the manifestation of the glory of God, it is not because you have drunk deeply and are satisfied. It is because you have nibbled so long at the table of the world. Your soul is stuffed with small things, and there is no room for the great."

JOHN PIPER





CREATE SPACE FOR GOD



CREATE SPACE FOR GOD CONNECT DEEPLY WITH GOD



Exodus 33:9-11 (NIV)

9 As Moses went into the tent, the pillar of cloud would come down and stay at the entrance, while the LORD spoke with Moses. 10 Whenever the people saw the pillar of cloud standing at the entrance to the tent, they all stood and worshiped, each at the entrance to their tent.



Exodus 33:9-11 (NIV)

"The LORD would speak to Moses face to face, as one speaks to a friend...



Exodus 33:11 (NIV) "The LORD would speak to Moses face to face, as one speaks to a friend...



It's the deep connections we share that made our time enjoyable in all our relationships.



Hebrews 4:12(NIV)

¹² For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.



Exodus 33:11 (NIV) "The LORD would speak to Moses face to face, as one speaks to a friend...



"Prayer is continuing a conversation that God has started through His word and His grace, which eventually becomes a full encounter with Him."

TIMOTHY KELLER



TIME WITH GOD:

Share your heart with God



Real friendship with God doesn't require perfect words, just an honest heart.



Matthew 11:28 (NIV)

28 "Come to me, all you who are weary and burdened, and I will give you rest.



TIME WITH GOD:

- Share your heart with God
- Worship God



Psalm 27:8 (NIV)

8 My heart says of you, "Seek his face!"
Your face, LORD, I will seek.



TIME WITH GOD:

- Share your heart with God
- Worship God
- Read the bible



What does God want me to learn through the scripture?

What specific actions can I do to put what I've learnt into practice?



TIME WITH GOD:

- Share your heart with God
- Worship God
- Read the bible
- Respond to God through prayer



TIME WITH GOD:

- Share your heart with God
- Worship God
- Read the bible
- Respond to God through prayer
- Be still



Psalm 46:10 (NIV)

10 He says, "Be still, and know that I am God...



Some of you have a wall around your heart, and you think God can't reach you.

But if you'd just be honest in prayer

— not perfect, just real —

He will meet you there.

ANONYMOUS



"God, I hate my dad. I hate how he's treated me. I hate how I feel about myself because of him. But I don't want to carry this hate forever. Please, do something in me. Because I can't."



"It was like God wasn't mad at me for being honest. He just sat with me in the pain."



"I asked God to heal him. To help him know he's loved too."



"I still struggle sometimes, but I don't hate anymore. God didn't fix my dad first — He healed me first."



Exodus 33:10 (NIV)

Whenever the people saw the pillar of cloud standing at the entrance to the tent, they all stood and worshiped, each at the entrance to their tent.



Genesis 3:9 (NIV) 9 But the LORD God called to the man, "Where are you?"



Exodus 33:11 (NIV)

The LORD would speak to Moses face to face, as one speaks to a friend. Then Moses would return to the camp, but his young aide Joshua son of Nun did not leave the tent.





CREATE SPACE FOR GOD



CREATE SPACE FOR GOD CONNECT DEEPLY WITH GOD



The greatest joy is communing with God.



"The more you focus on yourself, the more distracted you will be from the proper path. The more you know Him and commune with Him, the more the Spirit will make you like Him. The more you are like Him, the better you will understand His utter sufficiency for all of life's difficulties. And that is the only way to know real satisfaction."

JOHN MACARTHUR



Psalm 16:11 (NKJV)

"You will show me the path of life; In Your presence is fullness of joy; At Your right hand are pleasures forevermore.



Psalm 8:3-4 (NIV)

When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, 4 what is mankind that you are mindful of them, human beings that you care for them?



John 3:16-17 (NIV)

16 For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.
17 For God did not send his Son into the world to condemn the world, but to save the world through him.





Source: deviantart.com

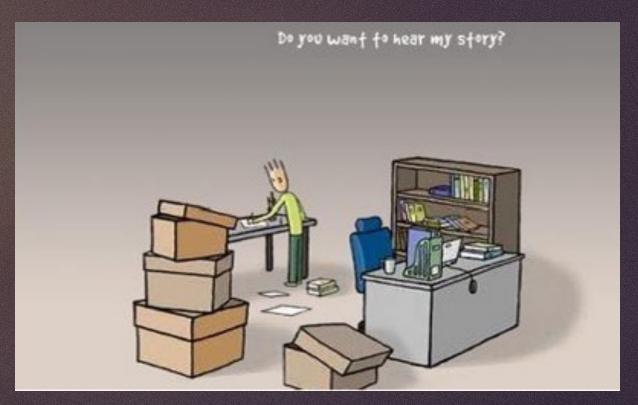




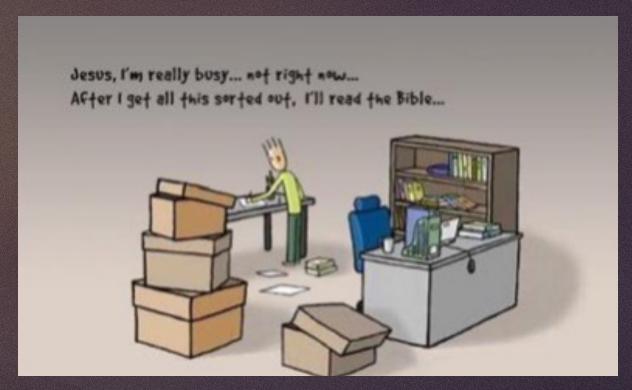


















Source: deviantart.com











Psalm 14:2 (NLT)

² The Lord looks down from heaven on the entire human race; he looks to see if anyone is truly wise, if anyone seeks God.



Choose a time (morning, night, or lunch break)



- Choose a time (morning, night, or lunch break)
- Find a place (quiet space)



- Choose a time (morning, night, or lunch break)
- Find a place (quiet space)
- Bring your bible, a journal, and your heart



- Choose a time (morning, night, or lunch break)
- Find a place (quiet space)
- Bring your bible, a journal, and your heart
- Spend time with God



- Choose a time (morning, night, or lunch break)
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- Spend time with God
- Use the LoveSG 40 Days videos as your prayer guide



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40.Days 40.Voices 40.Prayers

The 40.Day Season of Prayer starts on July 1, 2025!

Join us for 40 days of united prayer across our country as we go **ALL IN** to pray for Singapore and the nations!



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FROM TO TO DELIGHT

PASTOR CHARMAINE CHEONG