

PASTOR
**CHARMAINE
CHEONG**



Source: youtube.com/chainsider



VERBAL BULLYING, SOCIAL AND RELATIONAL BULLYING

WORDS MATTER

PASTOR CHARMINE CHEONG

Proverbs 18:21 (NLT)

²¹ The tongue can bring death or life; those who love to talk will reap the consequences.



Source: abrahamsfootsteps.com



Source: thenews.com.pk

We need to ensure that what
comes out of our mouth is in line with
God's word and God's heart.

James 3:1-12 (NIV)

¹ Not many of you should become teachers, my fellow believers, because you know that we who teach will be judged more strictly. ² We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check.

James 3:1-12 (NIV)

³ When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. ⁴ Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go.

James 3:1-12 (NIV)

⁵ Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. ⁶ The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell.

James 3:1-12 (NIV)

⁷ All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, ⁸ but no human being can tame the tongue. It is a restless evil, full of deadly poison. ⁹ With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness.

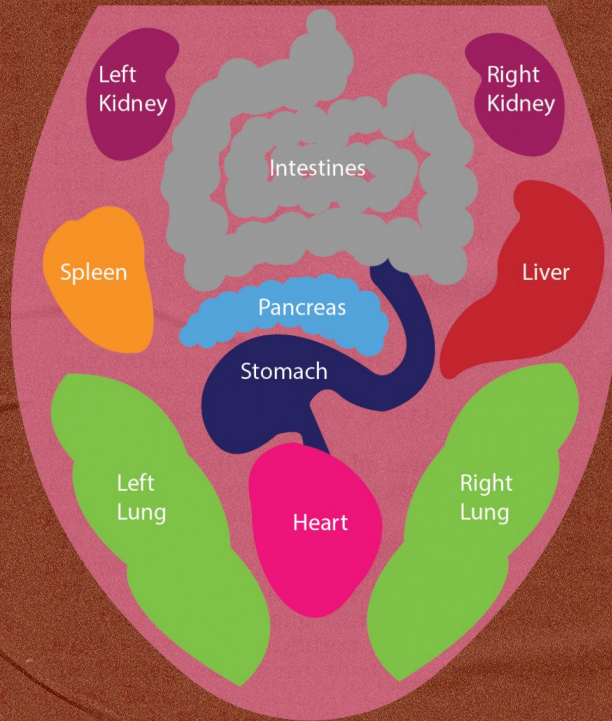
James 3:1-12 (NIV)

¹⁰ Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. ¹¹ Can both fresh water and salt water flow from the same spring? ¹² My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.

How can you tame your tongue?

CHECK YOUR HEART CONDITION

WORDS MATTER



Source: leslieanthonydmd.com

What is your tongue trying to tell you?

Color



Normal

Healthy



Red

Heat/
Fever



Purple

Inflammation/
Infection



Pale

Deficiency/
Weak Immune

Coating



Thick

Poor Intestinal Health



Yellow

Infection



Gray

Long Term
Digestion Problems



White

Infection/
Detoxification

Shape



Scalloped

Poor Nutrient/
Absorption



Thin

Dehydration

Source: leslieanthonydmd.com

James 3:1-2 (NIV)

¹ Not many of you should become teachers, my fellow believers, because you know that we who teach will be judged more strictly. ² We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check.

James 3:9-10 (NIV)

⁹ With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. ¹⁰ Out of the same mouth come praise and cursing. My brothers and sisters, this should not be.

James 3:2 (NIV)

² We all stumble in many ways. Anyone who is never at fault in what they say is **perfect**, able to keep their whole body in check.

PERFECT

Teleios (maturity)

James 3:11-12 (NIV)

¹¹ Can both fresh water and salt water flow from the same spring? ¹² My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.

Matthew 12:34-35 (NCV)

³⁴ You snakes! You are evil people, so how can you say anything good? The mouth speaks the things that are in the heart. ³⁵ Good people have good things in their hearts, and so they say good things. But evil people have evil in their hearts, so they say evil things.

How is your heart condition?

TYPES OF TONGUES:

TYPES OF TONGUES:

- A **HARSH** tongue reveals an angry heart.

TYPES OF TONGUES:

- A **HARSH** tongue reveals an angry heart.
- A **LYING** tongue reveals a fearful heart.

TYPES OF TONGUES:

- A **HARSH** tongue reveals an angry heart.
- A **LYING** tongue reveals a fearful heart.
- An **OVERREACTIVE** tongue reveals an unsettled heart.

TYPES OF TONGUES:

- A **HARSH** tongue reveals an angry heart.
- A **LYING** tongue reveals a fearful heart.
- An **OVERREACTIVE** tongue reveals an unsettled heart.
- A **NEGATIVE** tongue reveals a depressed heart.

TYPES OF TONGUES:

- A **HARSH** tongue reveals an angry heart.
- A **LYING** tongue reveals a fearful heart.
- An **OVERREACTIVE** tongue reveals an unsettled heart.
- A **NEGATIVE** tongue reveals a depressed heart.
- A **BOASTING** tongue reveals an insecure heart.

TYPES OF TONGUES:

- A **PROFANE** tongue reveals an impure heart.

TYPES OF TONGUES:

- A **PROFANE** tongue reveals an impure heart.
- A **CRITICAL** tongue reveals a bitter heart.

TYPES OF TONGUES:

- A **PROFANE** tongue reveals an impure heart.
- A **CRITICAL** tongue reveals a bitter heart.
- A **COMPLAINING** tongue reveals an ungrateful heart.

TYPES OF TONGUES:

- A **PROFANE** tongue reveals an impure heart.
- A **CRITICAL** tongue reveals a bitter heart.
- A **COMPLAINING** tongue reveals an ungrateful heart.
- A **GOSSIPING/SLANDEROUS** tongue reveals a self-centred heart.

TYPES OF TONGUES:

- An **ENCOURAGING** tongue reveals a happy heart.

TYPES OF TONGUES:

- An **ENCOURAGING** tongue reveals a happy heart.
- A **GENTLE** tongue reveals a loving heart.

TYPES OF TONGUES:

- An **ENCOURAGING** tongue reveals a happy heart.
- A **GENTLE** tongue reveals a loving heart.
- A **TRUTHFUL** tongue reveals an honest heart.

Hurt people, hurt people.

WORDS MATTER

Ezekiel 36:26 (NIV)

²⁶ I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh.

Luke 23:34 (NIV)

³⁴ Jesus said, “Father, forgive them, for they do not know what they are doing.”...

**HURT PEOPLE,
HURT PEOPLE.**

**HEALED PEOPLE,
HEAL PEOPLE.**

Source: ambercampion.com

How can you tame your tongue?

CHECK YOUR HEART CONDITION

WORDS MATTER

THINK BEFORE YOU SPEAK

WORDS MATTER

James 3:3-5 (NIV)

³ When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. ⁴ Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go.

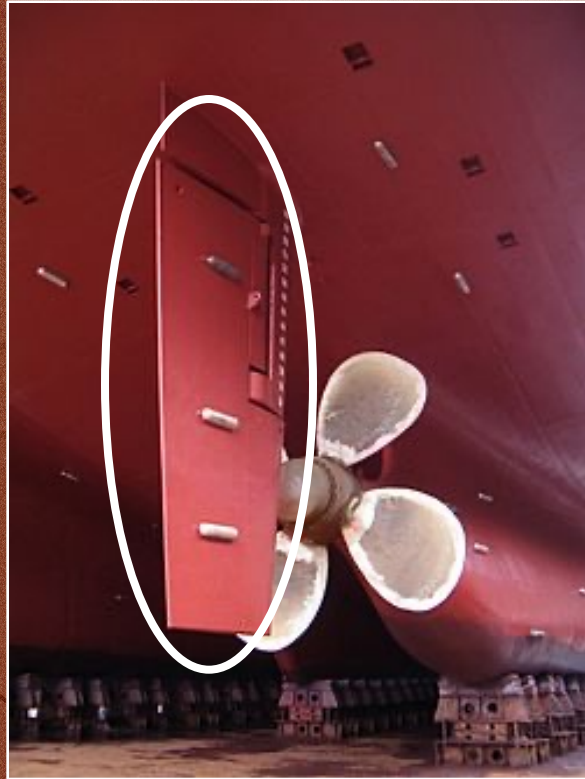
⁵ Likewise, the tongue is a small part of the body, but it makes great boasts...



Source: horserookie.com



Source: cruiseandtravel.co.uk



Source: en.wikipedia.org

Shoppers in S'pore snap up fresh chicken, some buy up to 4 chickens at once

One customer even bought almost S\$300 worth of chicken and chicken parts.

Nyi Nyi Thet | May 25, 2022, 06:47 PM



Source: mothership.sg

Long queue in VivoCity for Ben & Jerry's Free Cone Day on Apr. 8

Worth the wait.



[Megan Michael](#)



April 08, 2025, 06:41 PM



mothership



Source: mothership.sg

James 3:2 (NIV)

² ... Anyone who is never at fault in what they say is perfect, able **to keep their whole body in check.**

We like to say out what we think but
don't think through what we say.

James 3:5 (NLT)

⁵ In the same way, the tongue is a small thing that makes grand speeches...

James 3:5-6 (NLT)

⁵ In the same way, the tongue is a small thing that makes grand speeches. But a tiny spark can set a great forest on fire. ⁶ And among all the parts of the body, the tongue is a flame of fire. It is a whole world of wickedness, corrupting your entire body. It can set your whole life on fire, for it is set on fire by hell itself.

Proverbs 13:3 (NIV)

³ Those who guard their lips preserve their lives, but those who **speak rashly will come to ruin.**

Are our words helpful or hurtful?

WORDS MATTER

Ephesians 4:29 (NLT)

²⁹ Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

T – is it TRUE?

T – is it TRUE?

H – is it HELPFUL?

T – is it TRUE?

H – is it HELPFUL?

I – is it INSPIRING?

T – is it TRUE?

H – is it HELPFUL?

I – is it INSPIRING?

N – is it NECESSARY?

T – is it TRUE?

H – is it HELPFUL?

I – is it INSPIRING?

N – is it NECESSARY?

K – is it KIND?

Ephesians 4:29 (NLT)

²⁹ Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.

James 3:7-8 (NIV)

⁷ All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, ⁸ but no human being can tame the tongue. It is a restless evil, full of deadly poison.

Proverbs 15:28 (NLT)

²⁸ The heart of the godly thinks carefully before speaking; the mouth of the wicked overflows with evil words.

A careless word may kindle strife,
A cruel word may wreck a life,
A timely word may lessen stress,
A loving word may heal and bless.

“It is better to bite your tongue
than to let it bite someone else.”

ANONYMOUS

How can you tame your tongue?

How can you tame your tongue?

CHECK YOUR HEART CONDITION

WORDS MATTER

How can you tame your tongue?

CHECK YOUR HEART CONDITION

THINK BEFORE YOU SPEAK

WORDS MATTER

“God has redeemed my whole family so that our home and conversations are more peaceful. We’re learning how to show and receive love in our relationships with one another. We’re praying together during difficult times – especially my mum, who often prays for us.

DAVID SEAH

WORDS MATTER

Because of the redeeming love of Christ,
we can relate to one another with love,
forgiveness and patience. Looking back,
I know my parents did the best they could,
with the little they had. They are not
perfect people – and neither am I.

DAVID SEAH

WORDS MATTER

We are all sinners in need of God's grace –
and indeed, we have received
grace upon grace, all to His glory.”

DAVID SEAH

WORDS MATTER

Proverbs 4:20-22 (NIV)

²⁰ My son, pay attention to what I say; turn your ear to my words. ²¹ Do not let them out of your sight, keep them within your heart; ²² for they are life to those who find them and health to one's whole body.

John 3:16-17 (NIV)

16 For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

17 For God did not send his Son into the world to condemn the world, but to save the world through him.

lovesingapore



YOUTH FEST 2025

FOR SECONDARY, POST-SECONDARY, &
UNIVERSITY STUDENTS

Date : 6 July, Sunday
Venue : Gateway Theatre
Time : 2.30pm to 4pm
- or -
5.30pm to 7pm

Sign up via cell leaders by 30 june



WORDS MATTER

PASTOR CHARMINE CHEONG